

CalMaCit - Calcium Magnesium Citrate

The mineral duo calcium and magnesium in an easily absorbed and balanced compound



PRODUCT DESCRIPTION

The mineral duo for muscles and nerves

Calcium and magnesium are essential minerals that act as antagonists in various processes in the body. They are responsible for the contraction and relaxation of muscles and control the stimulus conduction of the nerves through their opposed activities. In addition, a good supply of these two minerals is important for certain body functions.

Calcium and magnesium from citrate compounds

CalMaCit is a high-quality mineral preparation according to the pure substance principle. It provides the two minerals calcium and magnesium in a physiologically balanced ratio in easily absorbable citrate compounds, which contribute to the maintenance of normal bones and teeth, support a normal muscle function and contribute to energy metabolism. Calcium plays a role in signal transmission between nerve cells.

Tasks of the vital substances contained:

- Calcium and magnesium support normal muscle function
- Calcium and magnesium support the maintenance of normal bones and teeth
- Magnesium contributes to normal nerve function
- Calcium contributes to normal signal transduction between nerve cells
- Both minerals also contribute to a normal energy metabolism
- Balanced calcium-magnesium ratio
- For muscles and nerves
- For the maintenance of normal bones and teeth
- To support normal energy metabolism
- Capsules & contents 100% vegan

POSSIBLE USES

- To support nerves and muscles during mentally and physically stressful situations
- For improved calcium and magnesium intake during times of increased nutritional requirements – e.g. through sports, during growth, intake of specific drugs

INGREDIENTS	PER CAPSULE	DAILY DOSE_3_CAPSULES	% NRV *
Calcium	84 mg	250 mg	31
Magnesium	60 mg	180 mg	48

* % of the reference quantity according to EU Regulation 1169/2011.

INGREDIENTS

Calcium citrate, magnesium citrate, hydroxypropyl methylcellulose (capsule shell).

PACKAGE SIZE

90 capsules (1 month supply), 77 g

Food supplement: The recommended daily dosage should not be exceeded. Not a substitute for a balanced and varied diet and a healthy lifestyle.

STORAGE INSTRUCTIONS

Store in a dark, dry place at room temperature. Protect from heat.

Keep out of the reach of children.

NOTES

The information provided here is not a statement on healing or a recommendation to self-medicate. Subject to print or typographical errors.

Not an organic product according to VO (EU) 2018/848.

Suitable for diabetics.

QUALITY SEALS



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