BIOGENA

ESSENTIALS

Chromium 200

The essential trace element chromium in pure, concentrated form with 200 µg chromium per capsule



PRODUCT DESCRIPTION

To maintain blood sugar levels

Chromium - an important trace element of the sugar metabolism
Chromium, an important trace element of the sugar metabolism, is an essential trace element that plays an important role in the body's sugar metabolism. After eating, the glucose obtained from carbohydrates is transported into the cells. Insulin is necessary for this process. However, chromium also plays an active role in this process and thus contributes to maintaining a normal blood sugar level. Various circumstances can lead to an additional demand for this trace element. Chromium is particularly important in a typically Western, carbohydrate-rich diet, as it plays a role in the usability of macronutrients (e.g. carbohydrates and fats). Also the increasing age or a high sports workload can increase the daily chromium requirement. Biogena Chromium 200 mg contains chromium in physiological dosage and is therefore particularly suitable for daily supplementation in cases of increased need, such as in elderly people, carbohydrate-rich diets or competitive athletes.

Chromium 200 mg

- Chromium helps maintain normal blood sugar levels
- contributes to the normal metabolism of macronutrients (e.g. carbohydrates)

- To maintain a normal blood sugar level
- With trivalent chromium (as chromium(III) chloride)
- Quality tested

POSSIBLE USES

- To maintain normal blood sugar levels
- For an improved supply with increased need, e.g. with competitive athletes and carbohydrate-rich nutrition
- To compensate for insufficient chromium absorption, e.g. in old age

INGREDIENTS	PER DAILY DOSE (1 CAPSULE)	% NRV *
Chromium	200 mcg	500

* % of the reference quantity according to EU Regulation 1169/2011.

INGREDIENTS

Bulking agent: powdered cellulose; hydroxypropyl methyl cellulose (capsule shell), chromium (III) chloride.

RECOMMENDED INTAKE

Take 1 capsule daily with plenty of liquid between meals.

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PACK SIZE

120 capsules (4 month supply), 23 g

DESCRIPTION

Food supplement: The recommended daily dosage should not be exceeded. Not a substitute for a balanced and varied diet and a healthy lifestyle.

STORAGE INSTRUCTIONS

Store in a dark, dry place at room temperature. Protect from heat.

Keep out of the reach of children.

NOTES

The information provided here is not a statement on healing or a recommendation to self-medicate. Subject to print or typographical errors.

Not an organic product according to VO (EU) 2018/848.

Suitable for diabetics.

QUALITY SEAL









Vcaps® Plus is a trademark of Lonza or its affiliates, registered in the USA.

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