

DHA 250

Highly concentrated, ultra-pure fish oil with high amounts of the essential omega-3 fatty acid DHA



PRODUCT DESCRIPTION

For normal brain and visual function

DHA: an essential omega-3 fatty acid

Docosahexaenoic acid, or DHA for short, is an essential omega-3 fatty acid that is primarily found in oily fish. Theoretically, DHA can also be produced from the plant-based omega-3 fatty acid alpha-linolenic acid, but its production in the body is very inefficient.

DHA functions in the body as a building block of cell membranes. High concentrations are found in particular in the retina of the eye and in nerve cells. Up to 97% of the omega-3 fatty acids in the brain and up to 93% of the omega-3 fatty acids in the retina consist of DHA.

DHA 250: DHA from ultra-pure quality fish oil

DHA 250 consists of highly concentrated ultra-pure fish oil and contains particularly high levels of docosahexaenoic acid (DHA). This essential omega-3 fatty acid supports normal brain function and contributes to the maintenance of vision. DHA is only found in large quantities in fatty fish and fish oils.

Physiological functions of DHA:

- DHA is significantly involved in the maintenance of normal brain function and vision. The positive effect is achieved with a daily intake of 250 mg DHA.
- DHA and EPA play an important role in maintaining normal heart function. The positive effect is achieved with a daily intake of 250 mg DHA and EPA.
- Premium quality fish oil from GoldenOmega
- Particularly high content of docosahexaenoic acid (DHA)
- Contains only tested active ingredients
- Safely packaged in a fish gelatine capsule shell

POSSIBLE USES

- If you do not eat fish or consume little fish
- To maintain normal vision
- For the targeted supply of the brain

INGREDIENTS	PER DAILY DOSE (1 CAPSULE)	% NRV *
Fish oil concentrate	500 mg	-
contains: Docosahexaenoic acid (DHA)	250 mg	-
contains: Eicosapentaenoic acid (EPA)	50 mg	-
Vitamin E (mg alpha-TE)	8 mg	67

* % of the reference quantity according to EU Regulation 1169/2011.

INGREDIENTS

fish oil concentrate, capsule shell (gelatine from **fish**, humectant: glycerol), D-alpha-tocopherol, mixed tocopherols.

NOTES

The information provided here is not a statement on healing or a recommendation to self-medicate. Subject to print or typographical errors.

Food supplement: The recommended daily dosage should not be exceeded. Not a substitute for a balanced and varied diet and a healthy lifestyle.

Not an organic product according to VO (EU) 2018/848.

Suitable for diabetics.

STORAGE INSTRUCTIONS

Keep out of the reach of children.

Store in a dark, dry place at room temperature. Protect from heat.

QUALITY SEALS

