BIOGENA

ESSENTIALS

Iodine 100

Capsules for targeted nutrient supply with iodine in the form of potassium iodide



PRODUCT DESCRIPTION

Targeted iodine supply

Iodine: Essential for thyroid hormones
The trace element iodine is a component of the thyroid hormones, the trace element iodine plays an important role for the “accelerator” thyroid gland. Numerous bodily functions are controlled by the thyroid via the thyroid hormones. Its hormones do not only influence oxygen and energy consumption in the entire body, they also influence the metabolism of numerous hormones and regulate temperature balance. In addition they control organ development, growth as well as the metabolism of protein and lipids.
Important natural sources of iodine in food are primarily sea fish and other seafood. During pregnancy there is an increased need for the trace element, which is essential for the mental development of the unborn child.

Biogena Iodine 100: to improve the iodine supply
Biogena Iodine 100 contains potassium iodide to support the iodine supply, particularly where there is increased requirement. Iodine is important for the formation of thyroid hormones, cognitive functions and for energy metabolism.

Physiological importance of the vital substance contained:

- Iodine is essential for the production of thyroid hormones and supports normal thyroid function
- It contributes to a normal energy metabolism
- It supports normal cognitive function
- It contributes to the maintenance of normal skin
- It contributes to normal functioning of the nervous system

- For increased iodine requirements...
- ...e.g. pregnancy, breastfeeding, sport
- Important for thyroid hormone production,...
- ...energy metabolism & congitive functions
- 100 % vegan

POSSIBLE USES

- For a targeted increase in the iodine supply if there is increased requirement, for example pregnancy, breastfeeding, sports
- For increased iodine supply, for example when iodised salt, sea fish and shellfish are rarely or not consumed

INGREDIENTS	PER DAILY DOSE (1 CAPSULE)	% NRV *
Iodine	100 mcg	67

* % of the reference quantity according to EU Regulation 1169/2011.

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INGREDIENTS

Bulking agent: powdered cellulose; hydroxypropyl methyl cellulose (capsule shell), potassium iodide.

RECOMMENDED INTAKE

1 capsule daily taken after a meal and with plenty of liquid. Or recommended by your doctor.

PACK SIZE

120 capsules (4 month supply), 21 g

DESCRIPTION

Food supplement: The recommended daily dosage should not be exceeded. Not a substitute for a balanced and varied diet and a healthy lifestyle.

STORAGE INSTRUCTIONS

Store in a dark, dry place at room temperature. Protect from heat.

Keep out of the reach of children.

NOTES

Please consult your doctor prior to use if you suffer from a disease of the thyroid gland.

The information provided here is not a statement on healing or a recommendation to self-medicate. Subject to print or typographical errors.

Not an organic product according to VO (EU) 2018/848.

Suitable for diabetics.

QUALITY SEAL

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