

Taurine 750 mg

With 750 mg of pure taurine per daily dose to support the daily supply



PRODUCT DESCRIPTION

Taurine – an amino acid-like compound

Taurine is not a classic amino acid, but an aminosulfonic acid – so on the one hand it contains sulphur, and on the other hand it is not incorporated into proteins by the body. Nevertheless, it is found in large quantities in almost all cells of the body, especially in active tissues such as muscle, heart and retina. Pure taurine was first obtained in 1827, when two Austrian scientists succeeded in isolating the substance from the bile of oxen. Hence the name: in Latin, "Taurus" means bull or ox. In humans, too, taurine is part of the bile, which is essential for fat digestion.

In the human diet, taurine is mainly found in meat and fish – milk, eggs and plant foods, on the other hand, are very low in taurine. If taurine is not supplied in sufficient quantities through food, the body produces it itself from the amino acid cysteine. Nevertheless, for certain people, a supply via food supplements can be useful. **BIOGENA Taurine 750** offers a whole 750 mg of taurine in just one capsule and is therefore a practical and effective way to support daily taurine intake. We use 100% vegan taurine as a pure substance. It is therefore also suitable for a purely plant-based diet.

Taurine 750 mg

- For the daily dietary supplementation of the amino sulphonic acid taurine
- With a high proportion of organic sulphur
- 100% vegan taurine as a pure substance
- Quality tested

POSSIBLE USES

- To support the daily taurine intake.

INGREDIENTS	PER DAILY DOSE (1 CAPSULE)	% NRV *
Taurine	750 mg	-

* % of the reference quantity according to EU Regulation 1169/2011.

INGREDIENTS

Taurine, hydroxypropyl methyl cellulose (capsule shell), bulking agent: powdered cellulose.

NOTES

The information provided here is not a statement on healing or a recommendation to self-medicate. Subject to print or typographical errors.

Food supplement: The recommended daily dosage should not be exceeded. Not a substitute for a balanced and varied diet and a healthy lifestyle.

Not an organic product according to VO (EU) 2018/848.

Suitable for diabetics.

Vcaps® Plus is a trademark of Lonza or its affiliates, registered in the USA.

STORAGE INSTRUCTIONS

Store in a dark, dry place at room temperature. Protect from heat.

Keep out of the reach of children.

QUALITY SEALS

