

Thyrocare® Calm Thyroid Complex

Thyroid complex with selenium*, acetyl-L-carnitine and plant substances for inner calm*



PRODUCT DESCRIPTION

Thyrocare® Calm supports normal thyroid function* with selenium and contributes to the normal function of the nervous system and psyche* with selected B vitamins and magnesium. The combination of acetyl-L-carnitine and selected plant substances such as **lemon balm, valerian and *Rhodiola rosea*** meaningfully complements the formula: *Rhodiola rosea* helps the organism adapt to emotional stress and physical exertion. Valerian extract supports inner calm in times of increased irritability. Turmeric extract rounds off the formula with a plant-based component. A coordinated formula with nutrients for thyroid function, nervous system and inner balance*.

- Thyroid complex with selenium*, acetyl-L-carnitine and plant substances for inner calm*
- Developed in collaboration with experts in medicine and nutrition
- Thyroid complex contains selenium* (as selenomethionine) and acetyl-L-carnitine
- Selenium contributes to normal thyroid function*
- With lemon balm, valerian and *Rhodiola rosea*: *Rhodiola rosea* supports adaptation to emotional stress*
- Valerian contributes to inner calm*
- High-dose vitamin B12, B6 and thiamine (vitamin B1) – for nerves & psyche*

POSSIBLE USES

- **Support of normal thyroid function:** with organically bound selenium*
- **Psychological balance:** B vitamins and magnesium support normal psychological function* Stress adaptation: with *Rhodiola rosea* extract* (RhodioliLife®)
- **Inner calm:** with valerian extract*
- **Energy metabolism:** with magnesium for balanced energy metabolism*

Health Claims:

- *Selenium: Contributes to normal thyroid function and helps protect cells from oxidative stress.
- *Magnesium: Supports the normal function of the nervous system and the psyche, contributes to the reduction of tiredness and fatigue, and supports normal energy metabolism.
- *Thiamine, vitamin B12 and vitamin B6: contribute to the normal function of the nervous system and the psyche and support normal energy metabolism.
- **Rhodiola rosea* helps the organism adapt to emotional stress and physical exertion.
- *Valerian extract supports inner calm in times of increased irritability.

INGREDIENTS	PER CAPSULE	PER DAILY DOSE (3 CAPSULES)	% NRV *
Vitamin B6	1.67 mg	5 mg	357
Thiamine (vitamin B1)	0.37 mg	1.1 mg	100
Vitamin B12 (MHA-Formula)	33 mcg	100 mcg	4000
Magnesium	19 mg	57 mg	15
Selenium	66.7 mcg	200 mcg	364
botanical calm blend (lemon balm, valerian, rhodiola rosea)	166.7 mg	500 mg	-
contains: valerian root extract	66 mg	200 mg	-
contains: Valerenic acids	0.2 mg	0.6 mg	-
contains: Rhodiola rosea extract (Rhodiolife®)	33.3 mg	100 mg	-
contains: Rosavins	1 mg	3 mg	-
contains: Salidroside	0.33 mg	1 mg	-
Turmeric extract	53.3 mg	160 mg	-
contains: Curcuminoids	50.7 mg	152 mg	-
Acetyl-L-carnitine	220 mg	660 mg	-

* % of the reference quantity according to EU Regulation 1169/2011.

INGREDIENTS

Acetyl-L-carnitine hydrochloride, magnesium bisglycinate, botanical calm blend (lemon balm extract, valerian root extract, *Rhodiola rosea* extract), hydroxypropyl methyl cellulose (capsule shell), *Curcuma longa* extract, L-selenomethionine, bulking agent: powdered cellulose, pyridoxal 5'-phosphate, Vitamin B12 Blend (Methylcobalamin, Hydroxocobalamin, 5'-Desoxyadenosylcobalamin), thiamine mononitrate.

PACKAGE SIZE

90 capsules, 66 g

Food supplement: The recommended daily dosage should not be exceeded. Not a substitute for a balanced and varied diet and a healthy lifestyle.

STORAGE INSTRUCTIONS

Keep out of the reach of children.

Store in a dark, dry place at room temperature. Protect from heat.

NOTES

Suitable for adults only, except pregnant and breastfeeding women.

The information provided does not constitute medical advice or an invitation to self-medicate. Subject to printing and typesetting errors.

Not an organic product according to VO (EU) 2018/848.

Suitable for diabetics.

QUALITY SEALS



Rhodiolife® is a trademark of Nektium. Vcaps® Plus is a trademark of Lonza or its affiliates, registered in the USA.

Biogena GmbH & Co KG
Strubergasse 24, A-5020 Salzburg, biogena.com

Infoline Austria toll-free: T +43 662 23 11 11, info@biogena.com
Infoline Germany, Italy and International: T +49 8654 774 00-0, deutschland@biogena.com
Infoline Switzerland: T +41 43 215 20 59, schweiz@biogena.com

Online orders: biogena.com

