BIOGENA

ESSENTIALS

Zinc picolinate 15

Zinc from highly bioavailable zinc picolinate



PRODUCT DESCRIPTION

Zinc from well bioavailable zinc picolinate

Zinc and the topic of bioavailability

There are now many different zinc preparations on the market. It is often difficult to choose one. The question is: Which one is right for me? Gluconate or citrate? Oxide or sulphate? Or something completely different? The main differences between the different zinc compounds are the solubility behaviour and the so-called bioavailability. Bioavailability indicates how quickly and to what extent a nutrient is absorbed from the intestine into the blood and then reaches the place in the body where it is needed. The higher the bioavailability of a micronutrient compound, the better. In this context, research focused primarily on picolinic acid. This is blamed for the good availability of zinc in breast milk. Against this background, Biogena has developed the new zinc picolinate 15, which is characterized by high bioavailability and good tolerability. The trace element zinc is essential for the body. As a component of over 300 enzyme systems, zinc supports various functions such as the immune system. It also plays a role in the maintenance of skin, hair and nails and helps to protect the cells from oxidative stress.

Zinc picolinate 15

- Linked to picolinic acid, zinc is particularly well absorbed.
- The trace element zinc supports the function of the immune system and protects the cells against oxidative stress.
- Zinc contributes to fertility and reproductive ability as well as to a normal testosterone level in the blood.
- Zinc plays a role in the maintenance of skin, hair and nails.

- Zinc picolinate is very well tolerated
- 15 mg zinc per capsule
- To support the normal functions of the immune system
- Plays a role in the maintenance of skin, hair and nails
- To protect against oxidative stress
- 100% vegan

POSSIBLE USES

- For the targeted supply of well bioavailable zinc picolinate
- To support the normal functions of the immune system and to protect against oxidative stress
- As a targeted supplement to support fertility and reproductive ability and to maintain normal testosterone levels

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INGREDIENTS	PER DAILY DOSE (1 CAPSULE)	% NRV *
Zinc	15 mg	150

* % of the reference quantity according to EU Regulation 1169/2011.

INGREDIENTS

Bulking agent: powdered cellulose; zinc picolinate, hydroxypropyl methyl cellulose (capsule shell).

RECOMMENDED INTAKE

1 capsule daily taken with a meal and plenty of liquid.

PACK SIZE

120 capsules (4 month supply), 24 g

DESCRIPTION

Food supplement: The recommended daily dosage should not be exceeded. Not a substitute for a balanced and varied diet and a healthy lifestyle.

STORAGE INSTRUCTIONS

Store in a dark, dry place at room temperature. Protect from heat.

Keep out of the reach of children.

NOTES

Not suitable under the age of 15.

The information provided here is not a statement on healing or a recommendation to self-medicate. Subject to print or typographical errors.

Not an organic product according to VO (EU) 2018/848.

Suitable for diabetics.

QUALITY SEAL

GEPRÜFTE QUALITÄT Dr. Katzberg www.lefo.de

Vcaps Plus

VEGAN

AUSTRIAN SCIENCE

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